UC Davis & UC Davis Health System offer the Employee Breastfeeding Support Program for all of its breastfeeding employees, staff and students.

- Private breastfeeding pumping rooms with hospital-grade electric breast pumps
- Time allowed during work hours to pump in accordance with California Law and UCOP Policy – PPSM 84: Accommodations for Nursing Mothers [http://policy.ucop.edu/doc/4000609/PPSM-84_AccommodationsforNursingMot](http://policy.ucop.edu/doc/4000609/PPSM-84_AccommodationsforNursingMot)
- Breastfeeding Support Group
  Thursdays 10:00 – 11:00 am (except holidays), Glassrock Building 2521 Stockton Blvd., Room 7106 (7th floor Conference Room)
- UCDMC Employee Breastfeeding Info Line: 916-703-3312
- Access to Lactation Consultant Services
- Questions? Contact Debbie or Adara
  Debbie Albert, RNC, IBCLC [Deborah.albert@ucdmc.ucdavis.edu](mailto:Deborah.albert@ucdmc.ucdavis.edu) Vocera (916-734-0775)-ask for Debbie Albert
  Adara Blake, RNC, IBCLC [ablake@ucdavis.edu](mailto:ablake@ucdavis.edu) 916.734.8751
UCDHS Employee Breastfeeding Support Program

Upon registration, you will be added to the Breastfeeding Support Program (BFSP) listserv which will provide you with updates and information, class reminders, and a quarterly BFSP newsletter. Additionally, you will receive a directory of sites and any site access instructions. Please print out this site form as it is only available to registered participants. Your registration is vital to the continuation of the program.

Sites
1. Upon registration you will receive a directory and map of sites.
2. Key for Tower 3 available at nurses station. All other rooms lock from inside the room and unlock when you open the door.
3. Registered participants have the priority; you have the right to ask occupants to vacate. Sharing is possible if another mom is willing.
4. Log sheets (Signing in and out is critical for the continuation of support)
5. Rooms have Educational materials, communications journal, and resource info. Please feel free to bring in magazines.
6. Picture frame available for you to bring in baby pictures.
7. Clean up drips/spills from pump, chair, and table, wipes and gloves provided.

Pumps
1. Medela Hospital grade double pumps available in sites. ACC or Ellison bldg has an Ameda Hospital grade double pump.
2. You can purchase a double pump kit from the UCDMC Bookstore (next to the old La Bou) or MU Corral/Med School Bookstore at the UC Davis Main Campus.
3. Please use only manufactured specific kit with correct pump.
4. 10 –20 minutes of double pumping is usually enough to drain both breasts pump 2 min after milk flow stops. Support materials regarding hands-on pumping and return to work are available in each pumping area.
5. Rinse kit in hot water as soon as you finished pumping, use mild dish soap if possible and run through the dishwasher or wash with hot, soapy water each evening. Tubing must stay dry.
6. Spare parts are available in lactation office, Main Hospital, Tower 3 3670B.

Practicalities
1. Access to sites is monitored by users; no guaranteed time.
2. Individuals with personal pumps are welcome to use the sites as long as they register for the program and log in and out.
3. You should have a contingency plan for nonbusiness hours and/or circumstances beyond UCDMC control that restricts access to sites/pumps.
4. Sign in/out each time you use a site.
5. Clean pump after each use.
6. Take milk with you. There is no storage in pump rooms.
7. For basic questions and breastfeeding situations contact Cheryl Burstiner RN, IBCLC, or Debbie Albert RN, IBCLC, and UCDMC Breastfeeding Support Program Coordinators at (916) 734-7591.
8. Additional support provided by the Lactation Clinic and the weekly Breastfeeding Support Group which meets Thursdays at 10:00 am in the Glassrock Building (2521 Stockton Blvd.) Conference Room #7106 (7th Floor).