March Happenings

March for Babies...walkers needed!

- UC Davis Children's Hospital and Women's Health team seeks walkers for the March For Babies.
- Walk Date: Saturday, April 25, Capitol
Steps
- Join team "UC Davis Children's Hands of Hope" The first 75 to join will receive a free Children's Hospital t-shirt.
- For more information contact mary.petrella@ucdmc.ucdavis.edu
- LEARN MORE

Say Goodbye to your Lawn
- Thursday, March 5, 12:00-1:00
- WorkLife and Wellness Brown Bag
- UC Davis Student Community Center Multi-purpose room
- Instructor: Don Shor
- LEARN MORE

LGBTQIA-Identified Staff and Faculty Social
- Thursday, March 5, 5:00-7:00
- Bistro 33, 226 F Street, Davis
- A networking opportunity for LGBTQIA staff and faculty: lesbian, gay, bisexual, trans, queer, questioning, intersex and asexual. Come by and say hello! Appetizers provided. No RSVP necessary.
- Sponsored by the LGBTQIA Resource Center in collaboration with the Chancellor's Committee on LGBTQIA Issues.
- LEARN MORE
Financing Big Music: The Orchestra-and-Opera Scene

- Thursday, March 12, 12:00-1:00
  "BrainFood Talk Series
- AGR Hall, Buehler Alumni Center, Davis
- Professor Emeritus D. Kern Holoman
- A veteran insider’s view of the current social and economic challenges that are faced by major orchestras and opera groups. Bring your own lunch; the UCDEA provides coffee, tea and cookies.
- LEARN MORE

Pollination Nation

- Saturday, March 14, 12:00-4:00
- Bohart Museum, 1124 Academic Surge, UC Davis campus
- LEARN MORE

UCDHS Meditation

- Monday, March 16, 12:00-1:00
- UCDHS Glassrock Room 7106
- UCDHS Brown Bag, Sacramento
- Instructor: Brenda Gustin
- LEARN MORE

UCDHS Re-think your
Lunchbox Workshop

- Wednesday, March 18, 12:00-1:00
- Cancer Center Auditorium 1100
- UCDHS Brown Bag, Sacramento
- Detailed information on how to purchase, prepare and store items for innovative and healthy lunches that take minutes to put together.
- Instructor: Alexia Hall, RD
- [LEARN MORE](#)

How to Help Your Child Want to Cooperate without Yelling, Bribes, Threats or Punishment

- Wednesday, March 18, 6:30 pm
- Emerson JR. High School Multi-purpose room, 2121 Calavaras Ave, Davis
- DPNS Spring Meeting Event featuring Aha! Parenting Free and open to public.
- Speaker: Dr. Laura Markham, author, "Peaceful Parent, Happy Kids: How to Stop Yelling and Start Connecting."
- [LEARN MORE](#)

Walk for Brain Injury...walkers needed!

- Sunday, March 22, 10:30-1:00
- State Capitol, West Steps (10th Ave and Capitol Mall)
- The Department of Physical Medicine

and Rehabilitation is inviting fellow employees to join its team in a benefit walk for the Brain Injury Association of California. A one-mile and three-mile route available. Join the "Grey and White Matters" team by registering at the link below.

- [LEARN MORE](#)

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**UC Living Well Incentive Webinar**

- Thursday, March 19 12:15-12:45
- Learn about UC Living Well resources and how to earn $75.00!
- Scheduled for the third Thursday of each month. (Mar-May)
- [LEARN MORE & REGISTER](#)

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**Who Can Resist Resistance Bands?**

- Thursday, March 26, 12:00-1:00
- WorkLife and Wellness Brown Bag
- Student Community Center, Multi-purpose room, Davis campus
- Instructor: Brian Luu, Campus Recreation and Unions
- [LEARN MORE](#)
UCDHS Workplace Yoga

- Tuesday, March 31, 12:00-1:00
- UCDHS Main Hospital, Davis Tower
  Room 7705
- UCDHS Brown Bag, Sacramento
- Instructor: Yuuko Feletto
- **LEARN MORE**

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