

The UC Davis Breastfeeding Support Program

Sacramento Campus

- * Classes and support groups
- * Lactation consultations
- * Hospital-grade breastpumps in designated lactation sites
- * Lactation accommodation policies



Registration and information at worklife-wellness.ucdavis.edu

Classes 2019

Get off to a good start and meet your breastfeeding goals after you return to work/school. Babies, partners and community members are welcome to attend. Taught by Shirley German, IBCLC, RLC. 11:30-1:00. Facilities Support Services Building (FSSB) Room 2020, 4800 2nd Ave, Sacramento. RSVP to mpodoreanu@ucdavis.edu

Preparing for Breastfeeding

February 21, April 18, July 18,
October 17

Continuing to Breastfeed/ Return to Work/School

January 17, March 21, June 20,
September 19

Feeding Transitions

May 16, November 21

Support Group Meetings

Meet other moms, encourage and learn from each other, and get help resolving breastfeeding difficulties. Group meets each Thursday, from 9:30-11:30 Glassrock Building, 2521 Stockton, Room 7106. Facilitated by Debbie Albert, BSN, PhD, IBCLC. This group is open to the community in addition to participants of the UC Davis BFSP.

Lactation Consultations

Leave a message for the lactation team at Tower 3 at 916-734-2866 or email Shirley German, IBCLC, RLC at sagerman@ucdavis.edu to schedule an appointment.

Pump Information

Hospital grade Medela Symphony breastpumps are available in designated lactation sites. Participants are responsible for purchasing their own pump kit either through their medical insurance or internet sites. Check our [Resources page](#) for lists. Pump rentals are available at the University Birthing Suites/Women's Pavilion, Tower 3, Room 3674